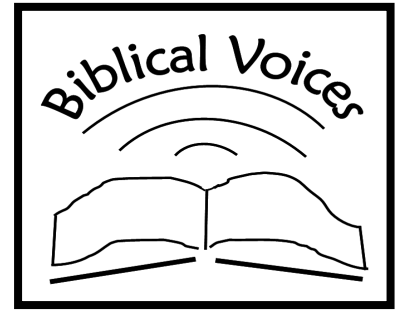

Immersion Communication Workshop, Level 101

"I just came because I wanted to learn to produce vocal sound properly. That simple. And what I learned was that, and so much more. It was a very humbling, yet uplifting, experience. By learning more about how to read and better communicate, I also learned how to listen better and more actively."

"I can't express enough gratitude for the value it has added to my effectiveness as a communicator."



Mar. 29-Apr. 3, 2010, Lake Bluff, IL*

Hill Top Center, a Christian Science Nursing Facility, 502. N. Waukegan Rd., Lake Bluff, IL 60044

Monday, Mar. 29: 3:00 pm-8:00 pm;

Tuesday, Mar. 30: 3:00 pm-8:00 pm;

Wednesday-Friday, Mar. 31 – April 2: 1 ½ hrs each day – participants choose a 90-minute time slot and location (Hill Top Center or possibly a satellite location*) that suits them.

Saturday, Apr. 3: 8:00-11:00 am (half the group); 1:00-4:00 pm (other half of group); 4:00 pm – optional group dinner**; 8:00 pm final performances

"My personal opinion is that this is real vocal TRAINING at its best. It is working out speaking in a better way than we previously thought possible and using the "instrument of speech" more effectively."

This weeklong intensive training begins with two five-hour group sessions introducing participants to basic vocal techniques for producing harmonious sound. After the first two days, participants will have 90 min. sessions during the weekday (paired or individual sessions depending on scheduling logistics and the type of training they choose). Participants have the option of working with Bible verses as a storytelling script or preparing a set of readings from the Bible and Science and Health to work with for oral reading. Students choosing to work with Bible verses as a script will have the opportunity to present their stories to an invited audience at the end of the week and will naturally benefit from memorizing their verses, although it is not required. In both approaches the goal is to ‘unself’ communication. This goal applies to all forms of communication — from conversational to professional. Each participant will naturally progress at his/her own rate and style, and the instruction is tailored to support that individual’s demonstration. **For students of Christian Science. Cost: \$485** (Contact us if financial assistance desired).

"Participating in the Bible Voices Workshop exercises and memorization and presenting of a Bible story helped me understand the underlying spiritual intent and metaphysical idea of the story."

A notebook of materials and resources to support participants’ work outside of class is included. Participants should wear comfortable clothing suitable for floor exercises. Christian Scientists only. 10 participants max. No prior training needed. *Free admission to all Biblical Voices performances included.* For more details, visit www.bvworkshops.org

***Dinner is not included in the workshop fee.*

Immersion Communication Workshop Q & A

What is communication?

People often confuse speaking with communicating, but effective communication is more than that and goes far beyond merely the words that travel from mouth to ear. True and effective communication always has one purpose – *to move thought*. “Uplift your thought, with courage go, give of your heart’s rich overflow...” (Christian Science Hymnal, hymn 139).

“After debating with myself for quite a while, I decided to register for the Biblical Voices Workshop, and having had the week’s experience, I’m so glad I did. As a performer myself, I especially appreciated the metaphysical foundation in preparing a piece (in our case, an excerpt from Scripture, but it could be other material as well) for sharing with an audience. Furthermore, the review of proper breathing, clear enunciation, and vocal projection were helpful as well and can be used in many contexts in daily life. ... Alex, in his individualized work with each participant, found a way of helping us to deal with the particular challenges each of us faced. He was perceptive of individual needs and helped us tackle them with humor and insight. The week’s workshop was a totally positive experience!”

Who should take this course?

- Readers (future, present, and substitutes)
- Sunday School Teachers
- Ushers
- Lecture Committee Members
- Reading Room Attendants and Librarians
- Wednesday Evening Testifiers

These workshops offer a unique opportunity to enrich the private, professional, or church life of any student of Christian Science. The course uses the tools of storytelling and theater to aid participants in becoming an *unselfed transparency* for the ideas they are attempting to communicate – however these skills are not exclusive to theater. Rather, they apply to a broad range of formal and informal communications within church activity, and similar activities outside of church.

What are the benefits?

- More vocal strength (easier to be heard)
- Insights on the metaphysics of communication
- Increased awareness of the effect of pitch, tone, volume, intonation, etc.
- Experience in the oral tradition of the Bible
- Better articulation (helpful for electronic communications, recordings, and telecommunications)
- More poise (improved pace)

What are the core principles of Biblical Voices coaching?

The Immersion Communication Workshops draw from many sources to help bring out the spoken and unspoken dimensions of communication – to capture and share the vitality of ideas that inspire hearts and minds and to bring out each individual’s own voice. *Biblical Voices* works with participants to bring out their individual expression of three fundamental communication principles:

- Loving your audience,
- Having an intention to communicate, and
- Being able to employ physical techniques to support the first two principles.

What are the learning goals?

While the instruction focuses on effective communication, participants are naturally engaged in their own demonstrations of spiritual growth as they address the mental qualities expressed through their voices. A notebook is provided to support participants' work outside of class. The course strives towards this keynote:

"The best spiritual type of Christly method for uplifting human thought and imparting divine Truth, is stationary power, stillness, and strength; and when this spiritual ideal is made our own, it becomes the model for human action."

~Retrospection and Introspection, p. 93:13-16

Level 101

- Understand the natural use of the vocal instrument as a practical tool for speech
- Become more aware of vocal skills and their significance in communication
- Gain a deeper understanding of the Word
- Gain an understanding of true performance

Level 201

- Strengthen the 101 benchmarks
- Develop naturalness in the execution of the physical skills of communication
- Gain a deeper understanding of the principles of effective communication
- Demonstrate communication with unselfed love

What are the physical skills I will practice in class?

Both beginners and previously trained participants will practice the fundamentals of communication. These essential skills enable one to more effectively deliver on the first two principles:

- Correct breathing
- Intonation and vowel extension
- Sharpening consonant pronunciation
- Vocal intensity
- Inflectional patterns
- Vocal pitch
- Rhythm and pacing
- Understanding text meaning

"I loved the spirit of learning from someone who not only had the talent and experience to teach, but also exuded genuine love for the students, and worked with great care, and with humility while being quite demanding of the students."

Who is the instructor?

Dr. Alex Cavalli will provide the vocal coaching, and an assistant will help provide technical support for participants and the workshop. Dr. Cavalli has been performing Biblical theater, including *The Gospel According to St. John* and *Paul: Face to Face*, for about 20 years around the U.S. He has taught many young actors how to vocally perform Shakespeare, including at The University of Texas Shakespeare at Winedale Festival. He is a member of First Church of Christ Scientist, Austin TX, a former First Reader, a technology consultant, and a frequent guest on CS Directory.com. Dr. Cavalli has a Ph.D. in Physics from Dartmouth College and has been a leader in Austin's technology community for more than 20 years.

Biblical Voices Performances, March 26 & 27

“I never truly understood this Gospel until tonight.”

- audience member said of The Gospel According to St. John,

Paul: Face to Face, Friday, March 26 • 8:00 pm – 9:00 pm

(\$15/ticket; free to workshop participants)

This performance is not a journey through Paul’s life — as the sweep of such an endeavor is too great for a single performance. Rather, it conveys the essence of the man and the heart of his teachings – love.

The Gospel According to St. John, Saturday, March 27 • 7:00 pm – 9:00 pm

(\$20/ticket; free to workshop participants)

The two-part show portrays Jesus’ healing, teaching, and interactions with dozens of people in that Gospel. The text is taken directly from the King James Version of the Bible, and edited only to reflect contemporary scholarship and time requirements.

Performances will be at Hill Top Center, a Christian Science Nursing Facility, and are open *to the public*. All proceeds from these performances will benefit the facility. Consider purchasing gift tickets for friends or as an anonymous donation, which HTC may distribute to guests of their choice. **Discount of \$2 per ticket available for advance purchase.**

Event Registration and Advanced Ticket Sales

To register for any of the events or for questions about the events, please contact Lisa Gruver at (309) 363-8882 or email info@bvworkshops.org. A registration form is also available at www.bvworkshops.org, which upon completion may be mailed with a check to:

Biblical Voices, P.O. Box 272, Macomb, IL 61455

Make checks payable to *Biblical Voices* and mail all payments to the above address. Please indicate on your check which events you are paying for, the number of participants for each event, and a phone number or email address so we may confirm your registration.

For questions directed to Alex Cavalli, please email info@biblicalvoices.com or call (512) 413-8765. For meals or lodging requests for Hill Top Center contact: Kim Rushforth (847) 295-1550.